Fitting Instructions Rear Sub-Frame Bush

Code: Z5158

N.B: This installation guide should be used in conjunction with the workshop manual.

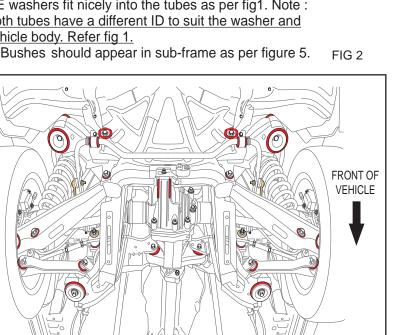
Suits: VE Commodore 8/06 - on

1. Raise the vehicle with a hoist and remove the rear sub-frame. Refer fig 2 for sub-frame bush location. 2. Confirm bush kit components. Fig 1 shows the front and rear bush inserts and supplied crush tubes utilizing OE cupped washers.

3.Use a large lever to pry the OE cupped washers away from the factory bush. Once washers are removed check for burs. File back if necessary. Refer fig 3.

4. You may find it best to draw the factory plastic shelled bushes out with threaded rod and a steel sleeve as per fig 3. 5. Once all 4 bushes are removed, ensure the inside surface area of eyelet is clean, ready for the poly bushes. 6. The upper poly bushes are the same front and rear and so there will be 4 in the kit. Next insert the lower bushes, refer fig 1 - small bush to the front, large bush to the rear. 7. Before installing the supplied crush tubes, ensure the OE washers fit nicely into the tubes as per fig1. Note : Both tubes have a different ID to suit the washer and vehicle body. Refer fig 1.

8. Bushes should appear in sub-frame as per figure 5.



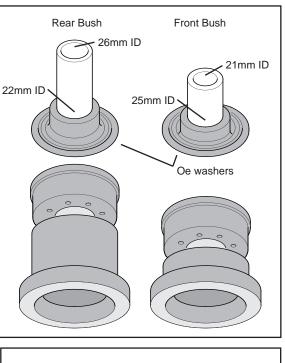


FIG 1

